

Dr. Clesse Christophe
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Senior Lecturer in Psychology/Clinical psychologist

▪ **Most relevant Employment History**

- Aug 2025: **Senior Lecturer in Psychology & Program Director**, University of Roehampton (1FTE).
- 2023 – 2025: **Lecturer in Psychology & Program Director**, University of Roehampton (1FTE).
- 2020 – 2023: **Research Fellow**, INTREPID Study, **Queen Mary University of London** (1FTE).
 Research project: Recognition and treatment of depression in renal dialysis patients: the role of inflammation.
- 2012 – 2026: **Visiting lecturer/Teaching fellow** (Research methods, psychology, statistics), **University of Lorraine** (France)
- 2020 – 2022: **Research Supervisor, European Federation of Psychology Student**.
 Research project: Dealing with the sexuality of institutionalised individuals with severe and disabling mental disorders: impacts, challenges, and support for the clinical practice.
- 2012 – 2020: **Clinical psychologist at Hospital Center of Jury-les-Metz** (France 1FTE).
 (2012-2018: 0.50FTE dedicated to a Medico-Psychological Center and 0.50FTE in a Psychiatric Rehabilitation Outreach Team.)
 (2018-2020: 0.70FTE dedicated to a Medico-Psychological Center, 0.30FTE in a Center for Mediation therapies Therapeutic Activities.)
- 2019 – 2020: **Research Fellow at University of Lorraine** (France, 0.25FTE).
- 2013 – 2020: **Board Member, Formator and Administrator in IREPS Grand Est** (National Public health organization).
- 2012 – 2018: **Research Assistant and Clinical Psychologist at Majorelle Polyclinic** (Nancy, France, 0.15EFT)

▪ **Education and Qualifications**

- 2023-2023: **Fellowship of the Higher Education Academy (FHEA)**.
- 2013-2018: **Ph. D in Clinical Psychology [Awarded “Best Ph. D thesis of the doctoral school LT2S 2019”]**.
 (University of Lorraine, France) *Dissertation: Psychological impact of episiotomy: A psychodynamic longitudinal study in primiparous women.*
- 2013-2014: **Post-Graduate Diploma in Cognitive Remediation [1st class with honours¹]** (Univ. Claude Bernard, Lyon, France).
Thesis: The psychosocial rehabilitation work dedicated to individuals with severe mental illness: conceptualisation of a sequential and integrative neuropsychodynamic support.
- 2011-2012: **Post-Graduate Diploma in Perinatal Psychiatry [1st class with honours** (Univ. de Lorraine, Nancy, France).
Thesis: “The femininity at the maternal risk when a woman become a mother”.
- 2010-2012 : **M.Sc. in Clinical & Psychopathological psychology. [Distinction]** (Univ. de Lorraine, Nancy, France).
Thesis: “The Particularisation as a therapeutic approach of psychosis: Conceptualisation and Clinical cases studies”
- 2010-2012 : **M. Res Clinical and Psychopathological Psychology. [Distinction]** (Univ. de Lorraine, Nancy, France).
 Dissertation: “The impact of episiotomy: psychodynamic approach”
- 2007 – 2010: **B.Sc. in Psychology [1st class with honours, awarded “Merit scholarship”]** (Univ. de Lorraine, Nancy, France).
- 2005 – 2006: **Baccalaureate in Science/Level A** (Life and earth Science major, Longwy, France).

¹ Mention “Good” (>14/20) in the French University System.

■ **Teaching responsibilities**

Module Name	Year	University/ Department	Topic	Lecture (L) Seminars (S)	Grade ²	Role	Number of hours/years
Animal Sensitivity, chronobiology, and Vigilance	2012-2013	Information Science and cognition department (UL ³)	Neuroscience	Lecture + Seminars	UG	Teaching assistant	2012-2013: 1x18h
Human Nervous System	2012-2013	Information Science and cognition department (UL)	Neuroscience	Lecture + Seminars	UG	Teaching assistant	2012-2013: 1x20h
Theoretical basis, Methods, and Practices with Aging	2013-2018	Psychology department (UL)	Clinical Psychology	Lecture + Seminars	UG	Module lead	2013-2015: 3x6h/year 2015-2016: 1x6h 2016-2017: 2x6h 2017-2018: 2x6h+21h
Research Methods	2012-2018	Psychology department (UL)	Research methods	Lecture + Seminars	UG	Module lead	2012-2013: 2x30h 2013-2015: 1x30h/year 2015-2016: 1x12 + 1x18h 2016-2017: 1x10h 2017-2018: 2x10h + 2x12h 2022-2023: 1x10h
Theories & Paradigms in Psychology	2013-2018	Psychology department (UL)	Epistemology	Lecture + Seminars	UG	Teaching assistant	2013-2014: 3x24h +1x12h 2014-2018: 4x24h/year
Professional Project of the Student	2013-2018	Psychology department (UL)	Research	Seminars	UG	Module co-lead	2013-2014: 2x10h +2x9h 2014-2016: 4x10h + 9x2h/year 2016-2017: 3x10h 2017-2018: 2x10h
Investigation & methodologies in Social Sciences	2013-2014	Psychology department (UL)	Social psychology	Seminars	UG	Teaching assistant	2013-2014: 2x18h 2014-2015: 2x18h
Institutional context and Violence toward the elderly subjects	2013-2014	Psychology department (UL)	Clinical psychology	Lecture	PG	Module lead	2016-2017: 6h 2017-2018: 6h
Theoretical basis, Methods, and Practices in forensic psychology	2016-2017	Psychology department (UL)	Clinical Psychology	Lecture + Seminars	UG	Module lead	2016-2017: 2x6h+21h
Decency and healthcare promoted by the midwife	2018-2020	Department of Midwifery (UL)	Health Psychology	Lectures	PG	Module lead	2018-2019: 1x6h 2019-2020: 1x9h
Corporeality, body interactions within the healthcare	2018-2020	Department of Midwifery (UL)	Health Psychology	Lecture + Seminars	PG	Module lead	2018-2019: 1x14h 2019-2020: 1x14h
Communication and interactions	2018-2019	Psychology department (UL)	Social Psychology	Lecture + Seminars	PG	Teaching assistant	2018-2019: 1x9h
The writings of the psychologist	2018-2020	Psychology department (UL)	Forensic psychology	Seminars	PG	Module lead	2018-2019: 1x6h 2019-2020: 1x4h
Institutional and group analysis	2018-2019	Psychology department (UL)	Clinical Psychology	Seminars	PG	Module lead	2018-2019: 1x4h
Supervision of internship and patient/professional interactions	2019-2020	Department of Midwifery (UL)	Clinical Psychology	Seminars	PG	Module lead	2019-2020: 1x5h & 1x7h
Advanced research strategies	2019-2022	Psychology department (UL)	Research Methods	Seminars	PG	Module lead	2019-2020: 2x5h 2020-2021: 33h 2021-2022: 1x10h 2022-2024:24h/year 2024-2025:12h
English language applied to research in psychology	2019-2022	Psychology department (UL)	Research Methods	Seminars	PG	Module lead	2019-2020: 1x6h 2024-2025: 12h
Advanced & applied statistics	2018-2022	Science & Technology department/microbiology (UL)	Statistics	Lecture + Seminars	PG	Module co-lead	2018-2019: 2x17.5h 2019-2020: 1x17.5h 2020-2021: 2x17.5h 2021-2023: 1x17.5h/year
Statistics methods	2019-2022	Science & Technology department/microbiology (UL)	Statistics	Lecture + Seminars	PG	Module co-lead	2019-2020: 3x12h 2020-2022: 4x12h/year 2022-2023: 5x12h

² UG = Undergraduate, PG = Postgraduate

³ UL = University of Lorraine (France)

Module Name	Year	University	Topic	Lecture (L) Seminars (S)	Grade ⁴	Role	Number of hours/years
Equity, Diversity and Ethics	2022-2024	Roehampton University <i>School of Psychology</i>	Diversity	Lecture + Seminars	UG	Module leader	2022-2023: 10x4h 2023-2025: 11x4h/year
Childhood, Attachment and Self-regulation	2022-2024	Roehampton University <i>School of Psychology</i>	Counselling Psychology	Lecture + Seminars	UG	Module leader	2022-2024: 11x4h/year
Models of Counselling	2022-2023	Roehampton University <i>School of Psychology</i>	Counselling Psychology	Lecture + Seminars	UG	Significant contributor	2022-2023: 4x4h
Volunteering Experience and Personal Therapy	2022-2023	Roehampton University <i>School of Psychology</i>	Counselling Psychology	Lecture + Seminars	UG	Module leader	2022-2023: 12x2h
Psychological Assessment for Counselling	2022-2026	Roehampton University <i>School of Psychology</i>	Clinical Psychology	Lecture + Seminars	UG	Module leader	2023-2026: 11x4h/year
Understanding Psychological Distress	2022-2026	Roehampton University <i>School of Psychology</i>	Clinical Psychology	Lecture + Seminars	UG	Module leader	2023-2026: 11x4h/year
Managing the counselling process	2022-2024	Roehampton University <i>School of Psychology</i>	Counselling Psychology	Lecture + Seminars	UG	Significant contributor	2023-2024: 4x2h
Use of Research in Mental Health and Wellbeing	2022-2024	Roehampton University <i>School of Psychology</i>	Clinical Psychology	Lecture + Seminars	UG	Significant contributor	2023-2024: 3x4h
Independent Research Project	2023-2026	Roehampton University <i>School of Psychology</i>	General Psychology	Lecture + Seminars	UG	Module leader	2023-2026: 20x2h
Reflective Practice	2025-2026	Roehampton University <i>School of Psychology</i>	General Psychology	Module lead	UG	Module leader	
Humanistic Approaches to Counselling and Psychotherapy	2025-2026	Roehampton University <i>School of Psychology</i>	General Psychology	Module lead	UG	Module leader	

➤ Main Research interests

- Psychodynamic approaches & psychodynamic neurosciences.
- Mentalisation, and projective methods.
- Psychosexuality & psychosexual development.
- Psychological consequences/challenges associated with the perinatal period
- Inequalities in psychological support, institutional setting, and medical care.
- Severe mental illness, community psychology, deinstitutionalisation, and psychosocial rehabilitation.
- Psychoneuroimmunology & Biological psychology/psychiatry, chronic diseases, and mental health.

➤ Successful Grants applications

- Sept 2026 – Sept 2029: **BEETHOVEN Study** Linking Brain, Environment and Ecosystems Through Holistic Omics and Validated Evidence-based Nutrition Guidelines). **Fundings: Horizon Europe). WP3 Supervisors:** *Dr. Coxon Christle, Pr Adele Costabille and Dr Clesse Christophe*
- Dec 2021 – Dec 2024: **VaDDanC Study** (Validation of a co-therapeutic danse-therapy protocol for migrant women with PTSD). **Fundings: Loba Association** (French association). **PI/Supervisor:** *Dr. Clesse Christophe (Research Fellow), Dr. Belot Rose-Angelique (Associate Professor), Dr. Essadek Aziz (Associate Professor).*
- Dec 2018 – Feb 2020: **ACETVIE Project** (Accompaniment and elaboration of life project for elderly persons with Mental Health Disorder). **Fundings: CPER-Arianne V2** (French Nation-Region Contract, Arianne and FEDER co-funding). **PPI/Supervisor:** *Pr. Martine Batt.*
Notable information: Creation of a protected software named: LoCaPsy
- June 2017 – Dec 2018: **DP² Project** (Prisoners' dilemma and the diagnostic of paranoia). **Fundings: Peps Mirabelle /CNRS (National Center for Scientific Research) Université de Lorraine.** **PPI/Supervisor:** *Renaud Evrard (Associate Professor).*

⁴ UG = Undergraduate, PG = Postgraduate

- Sept 2015 – Dec 2018: **DEPALI Project** (Deinstitutionalisation of heavily institutionalised elderly subjects). **Fundings:** CPER-Arianne V1 (French Nation-Region Contract, Arianne and FEDER co-funding). **PPI/Supervisor:** Pr. Martine Batt.
- May 2015 – Dec 2015: **REPA-HP Project** (Rehabilitation of elderly person with psychical disabilities). **Fundings:** MSH Lorraine (Maison des Sciences de l'Homme de Lorraine (House of Human Science of Lorraine)). **PPI/Supervisor:** Pr. Martine Batt.

▪ **Research Projects endorsed as Principal Investigator**

- Feb 2020 – Feb 2023: **INTREPID Study** (Recognition and treatment of depression in renal dialysis patients: the role of inflammation). **Fundings:** Barth Charity. **Chief investigator/PPI:** Kamaldeep Bhui (Pr) and Dr. Livia Carhvhlo (Senior lecturer).
- Jul 2020 – Dec 2023: **SEXIn study** (Dealing with the sexuality of institutionalised individuals with severe and disabling mental disorders: impacts, challenges, and support for the clinical practice). **Fundings:** EFPSA (European Federation of Psychology Student's Associations). **Chief investigator/PI:** Dr. Christophe Clesse (Research Fellow).
- Dec 2018 – Feb 2020: **DEFIPARENT Project** (Dispositives and accompagnement modalities toward persons with disabilities in medico-social services). **Fundings:** IRESP/French National research project. **Supervisor/PPI:** Azziz Essadek (Associate Professor).

▪ **Ph. D and PsyD supervision and co-supervision**

Ph.D Students:

2026-2029: Chris Gresh. the

2025-2028: Zainab Alshamali. Artificial Intelligence semiological identification of psychotic disorder. **Status Ongoing.**

2021-2024: Crystal Tomaszewski. Dance Therapy in the Psychotherapeutic Treatment of Women Survivors of Sexual Violence with a Migration Background: A Longitudinal Comparative Study and Therapeutic Evaluation. **Status Completed.**

PsyD Students:

2026-2029: Rehnuma Choudhury. Living with chronic feelings of emptiness: An Interpretative Phenomenological Analysis. **Status Ongoing.**

2024- 2027: John Kaburu Maina. Therapeutic access and outcomes among ethnic minorities in the UK: Internalised racism, psychological distress, racial identity and self-esteem as mediators. **Status Ongoing.**

2022-2025: Georgia Forth: Experiences of perinatal counselling psychology students: a critical realist approach. **Status Ongoing.**

2022-2025: Sophie Louise Clay: Schizophrenia and other psychotic disorders: Exploring the communication of diagnosis with community mental health patients. **Status Ongoing.**

2023-2026: Ho Yi Yimini Lo. Examining the relationship between obsessive compulsive disorder symptoms and relationship satisfaction among individuals in LGBTQ+ and heterosexual relationships. **Status Ongoing.**

2022-2026: Freya Rudigier. Collusion of attachment style between the therapist and the patient. An exploratory study: **Status Ongoing.**

2022-2025: Lauren Jacobs. Exploring the experience of internalised racism among Black psychotherapeutic practitioners in the UK. **Status Completed.**

2021-2024: Tyler Clarke. Exploring the mental health and acculturation needs of sexual and/or gender minority forced migrants. **Status completed.**

▪ **Main trainings activities**

Sensibilisation to Mental Health: Training directed by the CNFPT Webinar form. France (Regular Basis)

Welcoming individuals with Severe Mental Illnesses and Psychosocial disabilities: Training directed by the CNFPT (National Centre of Territorial Public Administration): France (Regular basis).

Psychosocial support for children that have parents with severe mental Illness: Training directed by the CNFPT (National Centre of Territorial Public Administration): France (Regular basis).

Perinatal Depression. Training directed by the CNFPT (National Centre of Territorial Public Administration): France (Regular basis).

Psychical difficulties and mental health pathologies: which connections with the social vulnerability? Training directed by the CNFPT (National Centre of Territorial Public Administration): France (Regular basis).

Medical Approaches to the consequences of violence on young children. Training organised by the CNFPT (National Centre of Territorial Public Administration): France (Regular basis).

Mental Health sensibilisation for health and social workers: Training organised by the Local Council of Mental Health of Metz (CLSM). Metz, France (2014-2021).

▪ **Notable formations and internship trainings**

2017 - 2018: « **Hearing Voices** » (HVM France).

2013 - 2014: « **Neuropsychology and Cognitive Remediation** » (Saint-Anne Hospital Paris C3RP).

2012 - 2013: « **Alternative ways to long-term hospitalization in psychiatry** » (Leonardo European exchange program).

▪ **Additional informations**

Languages skills: **French** (Native), **English** (Fluent), **German** (Notions), **Spanish** (Notions).

Coding languages: **R** (advanced), **SQL** (notions), **Python** (notions).

Data analysis software and facilities: **R**, **SPSS**, **UKbiobank**, High Performance Computer (Apocrita), Linux Interface...

Membership: **HCPC** (Clinical Psychologist, Ref: PYL041574), **CPsychol** (698055)
Member of INTERPSY laboratory, **NPSA** (Neuropsychanalysis Association),
MPP (Projective methods and psychoanalysis) **WAIMH** and **WAPR** ...

Miscellaneous: Driving Licence, Pre-settlement status/Settlement status

▪ **Scientific productions**

Published articles (36):

Bhui K, **Clesse C.**, Rahman S, Hosang GM, Gracey B, Loud F, Kirwin S, Randall D, Marlowe K, Carvalho LA, Yaqoob MM. Depression in dialysis patients with end-stage kidney disease: investigating the role of psychosocial stressors, co-occurring medical conditions and demographic influences. *BJPsych Open*. 2026. DOI: 10.1192/bjo.2026.11039

Muscat, C., Verhaegen, F., & **Clesse, C.** (2025). Adult Suicidality and Therapeutic Engagement: A Systematic Review. *Clinical psychology & psychotherapy*, 32(6), e70170.

Cesari, J., Belot, R.-A., Thomas, C., Jollivet, M., Martin, E., & **Clesse, C.** (2025). Affect regulation, mentalization, and attachment in intimate partner violence survivor women: A quasi-experimental controlled trial. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <https://doi.org/10.1037/tra0002047>

Tomaszewski, C., Essadek, A., Onumba-Bessonnet, H., Belot, R. A. & **Clesse, C.** (2025). The negative aspect of trauma: a case study exploring the semiological overlap with fearful attachment and core CPTSD symptoms. *Psychoanalytic Psychotherapy*, 1(21). <https://doi.org/10.1080/02668734.2025.2531774>

Fonseca de Freitas, D., Bhui, **K.**, **Clesse, C.**, Zahid, U., Mooney, R., Joury, E., ... & Khondoker, M. (2024). A syndemic approach to the study of Covid-19-related death: a cohort study using UK Biobank data. *Journal of Public Health*, fdac310.

Jeffredo, A., **Clesse, C.** & Batt, M. (2024). Interpersonal factors that contribute to collective intelligence in small groups a qualitative systematic review. *Mind & Society*, 23(1), 145-162.

Tomaszewski, C., Essadek, A., Onumba-Bessonnet, H., **Clesse, C.** et Belot, R.-A. (2024). Violences sexuelles, traumatismes et mentalisation, Etude de la dynamique psychique à partir du cas Hélène. *L'Evolution Psychiatrique*. j.evopsy.2024.06.002

Evrard, R., Beauvais, B., Essadek, A., Lighezzolo-Alnot, J., & **Clesse, C.** (2024). Neither saintly nor psychotic: a narrative systematic review of the evolving Western perception of voice hearing. *History of Psychiatry*, 0957154X241231690.

Tomaszewski, C., Belot, R. A., Essadek, A., Onumba-Bessonnet, H., & **Clesse, C.** (2023). Impact of dance therapy on adults with psychological trauma: a systematic review. *European journal of psychotraumatology*, 14(2), 2225152.

- Robinet, L., Jeffredo, A., & **Clesse, C.** (2023). Factors Influencing Contraceptive Choice During the Postpartum Period: A Qualitative Systematic Review. *Journal of Midwifery & Women's Health*, 68(2), 265-286.
- Anex, A., Dürriegl, M., Matthys, A., Felber, S., Medvedeva, T., Cleary, R., & **Clesse, C.** (2022). Guidelines, Policies, and Recommendations Regarding the Sexuality of Individuals with Severe Mental Disorders in Psychiatric Units, Institutions, and Supported Housing Across Europe: A Systematic Review. *Archives of Sexual Behavior*, 1-14. [IF: 4.891; Scimago: Q1]
- Clesse, C.**, Rabeyron, T., & Botbol, M. (2022). Contemporary situation of psychoanalysis and psychoanalytical therapies in France. *Psychoanalytic Psychotherapy*, 1-20. [CiteScore: 1.2; Scimago: Q3]
- Clesse, C.**, Jayakumar, S., Yaqoob, M. M., Bhui, K., & Carvalho, L. A. (2022). Investigating inflammation in depression in the chronically ill: Theoretical model and perspectives. *Journal of the Royal College of Physicians of Edinburgh*, 14782715221115776. [IF: 0.726; Scimago: Q3]
- Robinet, L., Jeffredo, A. & **Clesse, C.** (2022). What factors influence contraceptive choice during the postpartum period: a qualitative systematic review. *Journal of Midwifery and Women's Health* [Accepted, In press] [IF: 2.891; Scimago: Q1]
- Guénoun, T., Essadek, A., **Clesse, C.**, Mauran-Mignorat, M., Veyron-Lacroix, E., Ciccone, A. & Smaniotto, B. (2022). The desire for parenthood among individuals with intellectual disabilities: systematic review. *Journal of Intellectual Disabilities*, 17446295221141946.
- Jayakumar, S., Jennings, S., Halvorsrud, K., **Clesse, C.**, Yaqoob, M. M., Carvalho, L. A. & Bhui, K. (2022). A Systematic Review and meta-analysis of the Evidence on Inflammation in Depressive Illness and Symptoms in Chronic and End Stage Kidney Disease. *Psychological Medicine*, 53(12), 5839-5851. [IF: 10.592; Scimago: Q1]
- Nguyen, T. S., Kanny, G., **Clesse, C.**, Bernard, L., Beyaert, C., Batt, M., & Di Patrizio, P. (2022). Views, facilitators, barriers, and strategies associated with detoxification in patients with opioid use disorder: A qualitative study on primary care general practitioners. *La Presse Médicale Open*, 100027. [IF: 1.821; Scimago: Q3]
- Salime, S., **Clesse, C.**, Jeffredo, A., & Batt, M. (2022). Process of Deinstitutionalization of Aging Individuals with Severe and Disabling Mental Disorders: A Review. *Frontiers in psychiatry*, 13. [IF: 5.435; Scimago: Q1]
- Guenoun, T., Smaniotto, B., **Clesse, C.**, Mauran-Mignorat, M., Veyron-Lacroix, E., Ciccone, A., & Essadek, A. (2022). Representations of Sexuality among Persons with Intellectual Disability, as Perceived by Professionals in Specialized Institutions: A Systematic Review. *International Journal of Environmental Research and Public Health*, 19(8), 4771. [IF: 4.614; Scimago: Q2]
- Di Patrizio, P., **Clesse, C.**, Bernard, L., Batt, M., & Kanny, G. (2022). The remaining role and feasibility of detoxification in opioid addiction after 30 years of medication for opioid use disorder: A systematic review. *La Presse Médicale Open*, 100030. [IF: 1.821; Scimago: Q3]
- Clesse, C.**, Rivat, M., Simon, A., Belot, R. A., & Lighezzolo-Alnot, J. (2021). Période périnatale et Rorschach: normes, indicateurs, mentalisation et perspectives théorico-cliniques. *Psychologie Française*, In press [IF: 0.686; Scimago: Q3]
- Clesse, C.**, Cottenet, J., Lighezzolo-Alnot, J., Goueslard, K., Scheffler, M., Sagot, Paul. & Quantin C. (2021). Episiotomy practices in France: epidemiology and risk factors. *Scientific Reports*, 10, 20208. [IF: 4.379; Scimago: Q1]
- Clesse, C.**, Salime, S., Dumand, I., Concetta-Ciciarelli, S.B., Lavenir, S., Kacemi, K., ... & Batt M (2020) The French Integrative Psychosocial Rehabilitation Assessment for Complex Situations (FIPRACS): Modelization of an adapted assessment method toward long-term psychiatric inpatients with disabling, severe and persistent mental illness. *Frontiers in Psychiatry*. 11, 540680. [IF: 3.532; Scimago: Q1]
- Salime, S., **Clesse, C.** and Batt, M. (2020). Health professional's social representation about elderly subject with mental health disorders: a pilot study on 790 health professionals. *Aging and Mental Health*, 25(2), 350-359. [IF: 2.956; Scimago: Q1].
- Prudent, C., Lévy, B., Decker, M., **Clesse, C.**, Evrard, R. et De Tyche, C. (2019). Estudio exploratorio de la forclusión en las psicosis paranoica en un enfoque clínico y proyectivo. *Revista Argentina de Clinica Psicologica*, 28 (4), 480-486. [IF: NA; Scimago 2018: Q4]
- Clesse, C.**, Lighezzolo-Alnot, J., Hamlin, S., de Lavergne, S. & Scheffler, M. (2019). Factors related to episiotomy practice: an evidence-based medicine systematic review. *Journal of Obstetrics and Gynaecology*, 1-11. [IF 2017: 0.545; Scimago 2018: Q3]
- Clesse, C.**, Lighezzolo-Alnot, J., Hamlin, S., de Lavergne, S. & Scheffler, M. (2019). Socio-historical evolution of the episiotomy

practice: a systematic review. *Women & Health*. 1-15. [IF 2017: 1.307; Scimago 2018: Q2]

Clesse, C., Lighezzolo-Alnot, J., Hamlin, S., de Lavergne, S. & Scheffler, M. (2018). The evolution of birth medicalisation: A systematic review. *Midwifery*, 66, 161-167. [IF: 2.048; Scimago: Q1]

Dumand I, **Clesse C**, Salime S, Lietard F, Decker M, Batt M, Lighezzolo-Alnot J. (2018) L'âge psychosocial : un outil au service d'une réduction de la stigmatisation institutionnelle des sujets âgés porteurs de trouble psychique. *Gériatrie et Psychologie Neuropsychiatrie du vieillissement*, 16(4), 439-448. [IF: 0.505 ; Scimago : Q3]

Goueslard, K., Cottenet, J., Roussot, A., **Clesse, C.**, Sagot, P., & Quantin, C. (2018). How did episiotomy rates change from 2007 to 2014? Population-based study in France. *BMC pregnancy and childbirth*, 18(1), 1-10. [IF: 2.413; Scimago: Q1]

Clesse, C., Lighezzolo-Alnot, J., De Lavergne, S., Hamlin, S., & Scheffler, M. (2018). Statistical trends of episiotomy around the world: Comparative systematic review of changing practices. *Health care for women international*, 39(6), 644-662. [IF: 0.850; Scimago: Q2]

Clesse, C., Lighezzolo-Alnot, J., Hamlin, S., de Lavergne, S. et Scheffler, M. (2018). Histoire de l'accouchement occidental : évolution des rites, pratiques croyances et enjeux professionnels en occident. *Devenir*. 30(4), 399-417. [IF: NA; Scimago: Q3 or Q4]

Clesse, C., Lighezzolo-Alnot, J., Dumand, I., Salime, S., Savini, C., & Decker, M. (2018). Globalisation des politiques de santé et psychiatrie française : enjeux et impacts. *L'Évolution Psychiatrique*, 83 (4), 657-670. [IF: 0.267; Scimago: Q3]

Levy, B. T., Prudent, C., Evrard, R., **Clesse, C.**, Decker, M., & de Tychey, C. (2018). La fixation anale dans la paranoïa. Un cas clinique exemplaire et ses prolongements théoriques. *L'Évolution Psychiatrique*, 83(2), 287-303. [IF: 0.329; Scimago : Q3]

Clesse, C., Lighezzolo-Alnot, J., Hamlin, S., De Lavergne, S., & Scheffler, M. (2016). La pratique de l'épisiotomie en France 10 ans après les recommandations du CNGOF: quel état des lieux? *Gynécologie Obstétrique & Fertilité*, 44(4), 232-238. [IF: 0.795 ; Scimago : Q3]

Clesse, C., Dumand, I., Nassau, E., Prudent, C., Decker, M., Savini, C., ... & Batt, M. (2016). Représentations sociales du vieillissement des sujets porteurs de troubles psychiques: impacts et conséquences d'une double stigmatisation. *NPG Neurologie-Psychiatrie-Gériatrie*, 16(95), 291-299. [IF: NA; C. Score : 0.20 ; Scimago Q4]

Clesse, C., Dumand, I., Nassau, É., Prudent, C., Decker, M., Savini, C., ... & Batt, M. (2016). Comment faciliter l'orientation des sujets âgés en situation de handicap psychique vers une alternative sanitaire à l'hospitalisation. *Gériatrie et Psychologie Neuropsychiatrie du Vieillessement*, 14(3), 317-324. [IF: 0.346 ; Scimago : Q4]

Most recent presentations with proceedings in international conferences

Guenoun, T., Smaniotto, B., **Clesse, C.**, Essadek, A., & Lacroix, E. V. (2021). The taboo of desiring to be parents of adults with intellectual disabilities living in care homes. *Congress of the Journal of Applied Research in Intellectual Disabilities*. (Awarded best conference of the congress)

Clesse, C., Dumand, I., Decker, M., Savini, C., Lighezzolo-Alnot, J. (2015). When psychosocial rehabilitation meets the neo-evolutionary psychology: Interests, impacts and perspectives on accompaniment. *3rd Annual International Conference on Health & Medical Sciences*, 4-7 May 2015, Athens, Greece. (ISBN: 978-678-5065-88-01).

Clesse, C., Lighezzolo-Alnot, J., De Lavergne, S. (2015). Psychological impacts of episiotomy on primiparous women: first results of a longitudinal study compared to a literature review. *3rd Annual International Conference on Health & Medical Sciences*, 4-7 May 2015, Athens, Greece. (ISBN: 978-678-5065-88-01).

Clesse, C., Dumand, I., Decker, M., Savini, C., Lighezzolo-Alnot, J. (2015). Integrative accompaniments for subjects with disabling mental disorders: a neo-evolutionary design of the psychosocial rehabilitation. *International Psychological Applications Conference and Trends (InPACT)*, 2-4 May 2015, Ljubljana, Slovenia. (p. 8-12. ISBN: 978-979-99389-0-8).

Clesse, C., Dumand, I., Lighezzolo-Alnot, J., Decker, M., Prudent, C., De Tychey, C. (2015). A consistency between projective and neuropsychological tests: Contributions for a neuropsychanalytic approach of psychosis *International Psychological Applications Conference and Trends (InPACT)*, 2-4 May 2015, Ljubljana, Slovenia. (p.220-224. ISBN: 978-979-99389-0-8).

Dumand, I., **Clesse, C.**, Decker, M., Savini, C., Lighezzolo-Alnot, J. (2015). Interests and perspectives of a psychosocial rehabilitation diagnosis: a useful tool in the evaluation about the potentials of long-term institutionalized chronic patients. 12th International Conference Psychiatry and Psychology Neurological, Behavioral and cognitive sciences, 8-9 April 2015, Marrakech: Maroc. (p.2070-2075. ISSN : 1307-6892).

Clesse, C., Lighezzolo-Alnot, J., de Lavergne, S. (2015). Psychical impacts of episiotomy: first results. 12th International Conference Psychiatry and Psychology Neurological, Behavioral and cognitive sciences, 8-9 April 2015, Marrakech: Maroc. (p.2064-2069. ISSN: 1307-6892).

Most recent presentations based on invitations:

Brière, M., Aimé, N., Clesse, C., Robledo Del Canto, J.P. (2025). *Les facteurs motivationnels d'une remédiation cognitive en psychiatrie*. 49^e Journées de Printemps de la Société de Neuropsychologie de Langue Française, La Neuropsychologie des Épilepsies, Nancy, France.

Tomaszewski, C., Essadek, A., Onumba-Bessonnet, H., **Clesse, C.** et Belot, R.A. (2023). *Violences sexuelles et traumatismes : exploration psychique à l'aide de l'épreuve projective de Rorschach*. [communication]. 6^{ème} Colloque Réseau International de Recherche Méthodes Projectives et Psychanalyse, Dijon, France.

Tomaszewski, C., Belot, R.-A., Essadek, A., Onumba-Bessonnet, H. & **Clesse, C.** (2023). *Impact of Dance Therapy on Adult with Psychological Trauma: A Systematic Review* [communication]. 18th European Congress of Psychology, Brighton, The United Kingdom.

Steltmann, S., Mruszczyk, K.J., Ho, C., Drikaki, D., Efthymoulou, A., Idrizi, F., **Clesse, C.**, Essadek, E., Belot, R.-A., & Tomaszewski, C. (2023). *Dance therapy for migration-affected women with psychological trauma: Socio-demographic barriers and facilitators* [communication]. European Federation of Psychology Students Association's 37th Congress, Unraveling Psychology's Role in Policy-Making, Póvoa de Varzim, Portugal.

Tomaszewski, C., Belot, R.-A., Essadek, A., Onumba-Bessonnet, H., & **Clesse, C.** (2022). *Liens à l'environnement précoce, attachement et traumatisme psychique, étude du cas de Hélène* [communication]. Séminaire du Laboratoire de Psychologie, Besançon, France.

Clesse, C., & Jayakumar, S., (January 2022) Recognition and treatment of depression in renal dialysis patients: The role of inflammation. *Presentation to the London Renal academic meeting*. Online

Di Patrizio, P., **Clesse, C.**, Bernard L., Batt, M. & Kanny, G. (2020). In 2020, what is the place of detoxification among opioid users. *Presentation to the doctoral school Biose*, Nov 2020, Nancy, France

Clesse, C., (2019, October). The systematic review. *Seminary of the INTERPSY Laboratory*. 3 October, Nancy, France

Clesse, C. & Lighezzolo-Alnot, J. (2019, March). Psychological Impact of episiotomy: comparative study according to delivery mode. *Post-University Teaching conference of the Gynaecologist organised by l'EPUNG* (Enseignement Post-Universitaire de Gynécologie) and the FNCGM (Fédération nationale des Gynécologues médicaux) : *Le vagin*. Paris, France.

Clesse, C. & Lighezzolo-Alnot, J. (2018, November). Psychological Impact of episiotomy: comparative study according to delivery mode. *CGLRE Conference* (Collège de Gynécologie de Lorraine et des Régions Grand-Est): The Vagina. Nancy, France.

Most recent presentations in international/national conferences:

Tomaszewski, C., Belot, R.A., Essadek, A., **Clesse, C.** (2025). *Violence, Trauma, and Attachment in Migration-Affected Women: A multidimensional qualitative research protocol on dance therapy* [communication]. 10th Qualitative Research on Mental Health, Budapest, Hungary.

Tomaszewski, C., Clesse, C., Essadek, A., Belot, R.A. (2025). *La médiation thérapeutique par la danse dans la prise en charge du traumatisme chez des femmes qui ont vécu un parcours migratoire et des violences sexuelles* [communication]. Colloque Traumatismes et dispositifs d'accompagnement, Dijon, France.

Clesse C., Yaqoob, M., Bhui, K. & Carvalho, L.A. (23 June 2021) Who may benefit from the repurpose of immunotherapies to treat depression in chronic kidney disease? *William Harvey Research Institute Annual review 2021*, Online. London

Anex, A., Dürriegl, M., Matthys, A., Felber, S., Medvedeva, T., Cleary, R., & **Clesse, C.** (2021, April 20-24). The Concealed Sexuality: How do Mental Health Institutions Negotiate Inpatients' Intimacy? [Conference presentation]. *35th EFPSA Congress*, online.

Salime, S., **Clesse, C.**, Batt, M. (2019, June). How social representation of elderly subject with mental health disorders shapes the cares: creating new strategies for ethical attitudes. *31st World Psychiatrists and Psychologists Meet*. Ho Chi Minh, Vietnam.

Clesse, C., Lighezzolo-Alnot, J., & Rabeyron, T. (2019, July). First steps of the sexuation process and neuropsychanalysis: which connections in the current state of knowledge? *NPSA Conference*, Brussels.

Clesse, C. & Lighezzolo-Alnot, J. (2019, March). Psychical impact of episiotomy: a psychodynamic longitudinal study on primiparous women. *8th Mondial Conference for Women Mental Health Mondial (IAWMH)*. Paris, France.

Most relevant posters and abstract published presented in international conferences:

Tomaszewski, C., Essadek, A., Onumba-Bessonnet, H., Clesse, C., Belot, R.-A. (2025) Violences sexuelles, traumatismes et mentalisation : étude de la dynamique psychique à partir du cas Hélène [poster presentation]. Formation régionale sur le psychotraumatisme, Arc et Senans, France.

Tomaszewski, C., Belot, R.-A., Essadek, A., Onumba-Bessonnet, H., & **Clesse, C.** (2022). *Therapeutical Impact of Dance Therapy on Adult Individuals with Psychological Trauma: A Systematic Review* [poster presentation]. 9th World Congress on Women's Mental Health, Maastricht, The Netherlands.

Clesse, C., Jayakumar, S., Yaqoob, M. M., Bhui, K., & Carvalho, L. A. (2022). Phenotypical Description of inflammation in the depressed chronically ill. *Communication presented at the Psychoneuroimmunology annual conference*, 17 June 2022 Zurich: Swiss.

Jayakumar S., Jennings S., Halvorsrud K., Carvalho L., **Clesse C.** & Bhui K. (2020, March.). The association between depression and inflammation in patients with End Stage Renal Disease (ESRD)/Chronic Kidney Disease (CKD): A systematic review and meta-analysis. *Poster presented at the Barth State of the Art Congress 2020*, 4 March 2020 London: United Kingdom.

Goueslard, K., Cottenet, J., Roussot, A., **Clesse, C.**, Sagot, P. & Quantin, C. (2018). Comment le taux d'épisiotomie a-t-il varié entre 2007 et 2014? Étude en population, en France. *Revue d'Épidémiologie et de Santé Publique*, 66, S16.

Salime, S., **Clesse, C.**, Prudent, C., Dumand, I., & Batt, M. (2017). Medical Staff's Social representation about elderly with psychiatric disorder: Impacts on the life project. *European Psychiatry*, 41, S664- S665.

Salime, S., **Clesse, C.**, Dumand, I., Prudent, C. & Batt, M. (2017, avril). *If I tell you "Elderly people with mental disorders" what are the words that come in mind first?* Poster presented to the 26th Conference of the European Psychiatry Association, 1-4 April 2017, Florence: Italie.

Communication for Citizen science:

Tomaszewski, C., Belot, R.-A., Essadek, A., Clesse, C., Onumba-Bessonnet, H. et Pommier-Sanchez, B. (2024). *Recréer du lien à travers le processus créatif dans la prise en charge du traumatisme psychique* [communication]. Cycle de réflexion autour de la santé mentale des femmes, Association LOBA, Paris, France.

Tomaszewski, C., Belot, R.-A., Essadek, A., Clesse, C., Onumba-Bessonnet, H. et Pommier-Sanchez, B. (2024). *Profil et problématique des participantes à la recherche*. [communication]. Cycle de réflexion autour de la santé mentale des femmes, Association LOBA, Paris, France.

Tomaszewski, C., Belot, R.-A., Essadek, A., Clesse, C. et Onumba-Bessonnet, H. (2023). *L'efficacité de la danse-thérapie dans la prise en charge du traumatisme psychique*. [communication]. Cycle de réflexion autour de la santé mentale des femmes, Association LOBA, Paris, France.

Tomaszewski, C., Belot, R.-A., Essadek, A., Clesse, C. et Onumba-Bessonnet, H. (2022). *Mettre en place une recherche-action en psychologie clinique*. [communication]. Gala, Association LOBA, Paris, France.

Tomaszewski, C., Belot, R.-A., Essadek, A., Clesse, C. et Onumba-Bessonnet, H. (2022). *Définition du traumatisme psychique*. [communication]. Cycle de réflexion autour de la santé mentale des femmes, Association LOBA, Paris, France.

Tomaszewski, C., Belot, R.-A., Essadek, A., Clesse, C. et Onumba-Bessonnet, H. (2021). *Présentation de la recherche aux partenaires institutionnels et financiers*. [communication]. Association LOBA, Paris, France.

Documents and events contributing to the dissemination of scientific culture, continuing education and public debate

Clesse, C. (2018) “Impact of information and communication technologies on our mental well-being”, *30th national mental health week* (SISM), Metz (28 mars 2018).

Clesse, C. (2018). “What does mean mental health?”. Bornybuzz association for mental health. <https://www.youtube.com/watch?v=h8ukEEfnqOM> (9 mars 2018).

Clesse, C. (2017). “Access to care, access to housing, access to work, place in the city and the fight against stigmatization”, *29th national mental health week* (SISM), Metz, France (22 mars 2017).

Clesse, C. (2017). “Mental health and work: what links? » Conference debate following the screening of the film CORPORATE at the Caméo de Metz”, *29th national mental health week* (SISM), Metz (23 mars 2017).

Reviewer’s activities

I am a regular reviewer for the British Medical Journal (BMJ), Archives of Women Mental Health, Health Care for Women International and IJERPH. I am also an occasional reviewer for Reproductive Health, Birth, The Lancet Regional Health, Risk Management and Healthcare Policy and Pratiques Psychologiques.